

The Art Residency program

The Art Residency is partly funded by Erasmus+. Erasmus+ is the EU's programme to support education, training, youth and sport in Europe.

The full project title is "Youth Art Residency for Inclusion, Diversity, and Active Citizenship". The program seeks to harness the transformative power of art and creativity to address pressing societal issues in alignment with Erasmus+ priorities.

The Art Residency is a one-month activity where artists (and wanna be artists) immerse themselves in essential societal topics such as mental health, death and dying, addictions, sex, God, AI, climate crisis and more to create multimedia art pieces, offering fresh perspectives on intimate matters and societal challenges.

Program Goals:

- To empower artists and participants to create better public spaces for intimate conversations.
- To reduce stigma surrounding topics such as emotions, mental health, death, addictions and sexuality etc..
- To inspire art-based initiatives that promote active citizenship and social impact.
- To create multimedia art pieces with the intention to:
 1. Break stigmas and reduce isolation;
 2. Foster open dialogue;
 3. Promote active citizenship;
 4. Utilize the power of art;
 5. Support vulnerable communities;
 6. Encourage education and awareness.

Week 1

Day 1 - Session 1 & 2 (Ingerlil): Creative Thinking and Problem Solving

- Meet and greet.
- Introduction to the program and objectives.
- Creative thinking and problem-solving skills.
- Explore the role of art in expressing cultural identity.
- Artistic activities (e.g., painting, poetry, storytelling) to express personal and cultural narratives.
- Group brainstorming sessions for innovative project ideas.
- Introduction to journaling (time for reflexion at the end of each day - 10 min of journaling)



Day 2 - Session 3 & 4 (Tilen): Art and Social Change + The Power of Emotions in Art

- Does art need to have an impact or not? Can we instruct art to have an impact?
- Discuss examples of art and social change movements.

- Encourage participants to brainstorm ways art can address social issues.
- Group discussions on potential projects related to rural challenges or LGBT+ equality.
- Discuss the role of emotions in art and personal expression.
- Artistic activities (e.g., journaling, painting) to explore emotions.
- Emotional mapping (Tilen+Nata)



Day 3 - Session 5 (Tomi): Emotions and Mental Health

- Try 'turning off' your emotional world! Is that possible?
- Let's create and then discuss.
- Explore how art can be used for advocacy and mental health support - its visibility and importance and how art can be a solution for that.
- Participants brainstorm projects related to emotions and mental health.

Day 3 - Session 6 (Nata + Tilen): Death, Dying, and Grief in Art

- Explore the role of art in processing grief and discussing death.
- Engage in creative activities related to these topics.



Day 4 - Session 7 (Tilen): Rural Placemaking

- Art in rural spaces - how art impacts people in rural peripheral spaces; why are galleries reserved for the elites? How to break that stereotype and get people in contact with art
- Art as infrastructure for creating public space and strategies for engaging with and involving rural communities in art and social entrepreneurship.
- Discussions on the importance of local knowledge and collaboration.

Day 4 - Session 8 (Tomi): Art and other taboos

- Religion and its meaning in modern times - a higher form of intelligence above our knowledge, our relationship with that as an artist.
- Art as a gender expression, sexuality (round table)
- AI (integration of AI in art creations, bad, good intentions, problem solving)



Day 5 - Session 9 & 10 (I+T+T): Project Teams

- Introduction to week 2 and project teams
- Participants form teams based on shared interests.
- Teams develop project proposals related to the workshop topics.
- Guidance on creating compelling project ideas / pitches.



Week 2-3:

Week 2 mostly dedicated to individual and group project development with an occasional workshop with relevant guest teachers who will be invited to give inspiration.



Week 3 mostly dedicated to individual and group project development with collaborative workshops aiming at a cohesive group project.

Session 11 (Kaja and Patrik): LGBTQ+ Equality and Inclusivity in Art

- Explore the role of art in promoting LGBTQ+ equality and inclusivity.
- Present case studies of inclusive art projects and initiatives.
- Group discussions on how to create inclusive art projects that address social issues.
- Discuss the importance of sexual education and acceptance.
- Create art that promotes healthy conversations about sexuality.

Session 12 (Fernando): Breaking Stigmas Through Art

- Discuss societal stigmas surrounding topics like addiction, death, and sexuality.
- Create art that challenges stereotypes and promotes understanding.



Week 4:

Days 1-5: Project Implementation and Engagement

- Teams execute their art-based social entrepreneurship projects, which could include public installations, workshops, or performances.
- Regular check-ins, guidance, and support from mentors and facilitators.
- Participants document their progress through various forms of art (e.g., videos, photos, writings).



Day 1: Project Presentation Rehearsals

- Teams prepare and rehearse their project presentations.

Day 2: Project Showcase (internal)

- Teams present their completed projects to the other groups.
- Community engagement and feedback sessions.

Day 3-4: Public Art Showcase and Discussions

- Teams present their completed projects in a public space.
- Engage the community in open conversations about the workshop topics.
- Collect feedback and testimonials from participants and the audience.

Day 5: Evaluation and Reflection

- Reflect on the art residency experience and the impact of the projects.
- Gather feedback from participants, mentors, and the community.
- Plan for the festival showcase.
- Plan for the continued development and advocacy of the projects to create better public spaces for intimate conversations.



Week 5:

Project Showcase: The Passage Festival or street performance / other festival

Day 1-3: Project Presentation / Showcase at The Passage Festival or other

- Teams prepare and travel to showcase their project presentations and installations.

There may be a couple of weekend workshops (acc.to interest) ie.:

Drag performance artform workshop - Action painting (group session) - Rediscovering your body (movement exercise) - Transformational breath - Yoga - Family constellations - or...?



Throughout the one-month art residency, emphasis is on the importance of active citizenship, social responsibility, and the role of art in addressing pressing social issues. Participants are encouraged to apply their creative skills to make a positive impact on rural communities and promote LGBT+ equality.

Take notice of the power of art as a tool for advocacy and change, challenge stigmas, and create safe, inclusive spaces for discussing intimate topics. This program aims to inspire active citizenship and social impact by fostering open dialogue and artistic expression.

Daily Schedule

OBS: Please note that as a participant, you will take part in various assignments to make the Art Residency run smoothly - this could be participating in food preparation, presentation, tidying up, dishwashing or cleaning in general. You are likely to have 3-4 assignments pr. week.



7:00-8:30 - Morning assignments and Breakfast



8:30 – 9:30 - Assembly

– meet up for morning activity... Yoga, meditation, training, walk or...?



9:30 – 11:30 - 1st session incl Fruit break / tea



11:30 – 13:30 - Assignments and Lunch (hot meal)



13:30 – 14:00 - Movement for digestion



14:00 – 16:00 - 2nd session incl. Tea-break



16:00 – 17:00 -Movement



17:00 – 19:00 - Assignments –and Dinner (cold meal)



19:00 – 22:00 - Free-time or evening activities
- games/board games/movie night/art night...etc.



22:00 – 22:30 - Evening tidy-up

Go to own rooms – reflections / dairy...
Lights out!

The above routine will be the general framework – outings, trips and excursions will naturally affect the structure ... We obviously encourage participation in all group activities, but if you don't have an assignment, you are not obliged...